

Lesson Plan FSC Vocation Video
Vocation and Best Version of Myself
Bro. Patrick Martin
60 Minutes

Vocation Lesson Plan Framework

Teacher Resources

1. Title
2. Quote: St. John Baptist de La Salle
3. Objectives
4. Materials
5. Preparations
6. Procedure

Lesson Plan

1. Opening Prayer
2. Engagement Activity
3. Video
4. Lasallian Connections
5. Closing Activity
6. Closing Prayer

Vocabulary

- Metamorphosis
- Vocation (Calling)
- Formation
- Discern (Discernment)
- Novitiate
- Spiritual Director

General Outline

- I. Opening Activity and Context (13 min.)
- II. Essential Questions and Learning Targets (2 Min.)
- III. Instructions (2 min.)
- IV. Video Guide Questions (3 min.)
- V. The Video (5 min.)
- VI. Discussion (25 min.)

VII. Closing Activity (10 min.)

I. Opening Activity and Context (15 min.)

- Prayer (Lasallian)
- My Gifts, Talents, and Passions
 - *List some of your gifts and talents*
 - *List things you are passionate about - something you want to change in society or the world*
 - *Pair share and elicit some answers*
- Define or list other words that come to mind when we see the following words (you are allowed to guess).
 - Metamorphosis
 - Vocation
 - Formation
 - Discern/Discernment
 - Novitiate
 - Spiritual Director
- Elicit some answers and show Keynote (Simple definitions)

II. Essential Questions and Learning Targets (2 min.)

The Essential Question

- *How is vocation connected to the best version of myself?*

Sub-Essential Questions

- *What is vocation?*
- *What kinds of vocations are there?*
- *How does one “hear” or “discern” a vocation?*
- *How does one respond to a vocation?*
- *What is the meaning and significance of “being the best version of yourself?” How is it related to divine calling (vocations)?*

Learning Targets

- *I can define and explain what the word vocation means*
- *I give examples of different calls (vocations)*
- *I can explain in general, the dynamics of vocation: how one is called, how to discern and respond to a call.*
- *I can discuss the relationship and significance of vocation and being the best version of yourself.*

III. Instructions Before the Video (2 min.)

- Carefully listen and take notes. Be prepared to discuss their notes with a partner and the whole class.

IV. Video Guide Questions (3 min.)

- Read the video guide questions before showing the video so students have some sense of what to note.

Try to answer¹ some of the following questions:

1. *What image, word, or phrase from the video stood out to you or you were able to make a connection with?*
2. *What was Bro. Patrick's fear/misconception of vocation or of becoming a Christian Brother?*
3. *After going through formation, what did he learn about vocation?*
4. *What were important things in Bro. Patrick's life?*
5. *What were some of Bro. Patrick's gifts, talents, passions?*
6. *Was Bro. Patrick's searching or longing for something? If so, what would you say was Bro. Martin searching or longing for?*
7. *Where does the "calling" or discernment happen? Discuss its significance.*
8. *Who is the real Patrick Martin? Who was the fake or pretend Patrick Martin?*
9. *Bro. Patrick talks about living out separate compartments in his life instead living an integrated life? How can this be a problem?*
10. *What analogy did he use to live an integrated life? What was at the center of this analogy?*
11. *What advice did the spiritual director give Bro. Patrick? What was Bro. Patrick's advice for his listeners? Discuss its significance.*
12. *What did Bro. Patrick say that he loves doing?*

V. Show Video (5 min.)

- Show video: <http://viewpure.com/dg4kj7nk8mU?start=0&end=0> (4:07). Since it is a short video, you may show the video twice if this would help in taking notes or to be used as a closing activity.

VI. Discussions (25 min.)

- *Pair share.* After watching and taking notes - give a few minutes to share with a partner. If you have more time or if you think it can enrich the experience, they can share again with a new partner. After pair sharing, have a large class discussion using the guide questions.
- *Large class discussion.* During the large class discussion, you could:
 - write down main points and observations brought up by the students

¹ For the final draft of the lesson plan, articulate possible answers.

- follow up with leading and deeper reflection questions based on the answers given
e.g. *Can you explain to the class why you said...Could you give an example...Why do you think what you said is relevant...significant...Can you connect what you said with something you...*

VII. Closing Activity (10 min.)

- Writing Activity:
 - Complete this sentences:
 - *Based on the video vocation is about... or means...*
 - *I wonder...?*
 - *An important take away for me after watching this video is...*
 - *The...reminded me...*
- Closing Prayer: Music Video (Wait and See)
<http://viewpure.com/IEFNQE76Us4?start=0&end=0>